

5 Quick Tips for Effective Dance Teaching

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#1 Claim Authority

Take charge immediately in a friendly but direct way. This will establish authority from the start and help conduct the class more smoothly.

#2 Get Them Moving

Don't start a class with a lecture.
Get them moving straight away.

It's what's expected from a
dance class, so avoid wasting
your students' time.

#3 Start With Warmup

Always start with a warmup.
It helps prepare the body and
the mind to be more receptive
to the main content later.

#4 Appeal To All Types of Learners

Appeal to visual, auditory, and kinaesthetic learners by describing the same steps in different ways. You will have both right brain and left brain thinkers in the class, so include details and concepts to reach both kinds of students.

#5 Be Observant

Truly watch the students to see what they're not getting. This is like being a good listener in a conversation. The more observant and the more keenly perceptive you are, the better you can help your students with their struggles.

Hopefully these quick tips will
inspire you.

If you're really keen on improving your
teaching skills, check out our in-depth
online course we're currently developing, called
Effective Social Dance Teaching.

Find out more and pre-order the course at:

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